



American Red Cross

## AQUATIC COURSES

FOR

LIFEGUARDS

AND

## WATER SAFETY INSTRUCTORS

To be conducted at the West Scranton Inter.  
School Pool, Fellows St. & Parrott Ave.  
Scranton, Pa.

### May 14-20, 2010

#### DATES FOR EACH COURSE IS WITH COURSE INFORMATION

**D**irections: If using I-84 or I-81 take the Central Scranton Expressway (exit 185) Exit to the first traffic light. Turn left on to Lackawanna Ave. and proceed approx. 1.5mi. to where you have to turn left or right. This is Main Ave. Turn left for three lights. Turn right on to. Luzerne St. for two blocks. West Scranton High School will be on your left. Take the first left pass the high school for one block to the pool.

If coming from the north take Morgan Highway to Keyser Ave., turn right for approx. 2 miles, two traffic lights, turn left at 2nd. light and proceed to the 2nd. stop sign. Turn right for one block to pool.

#### #11 WATER SAFETY INSTRUCTOR (R.09)

Starts: May 15th at 8 a.m.  
Cost: \$200.00

WSI candidates **MUST** contact Les Richards at (570) 489-1172 or (570) 510-4816 before returning form.

Course fee includes all necessary material for the W.S.I. Course and the Fundamentals of Instructor Training Course **Requirements:** 16 years of age & a good swimmer.

#### RENEWAL COURSES for: Lifeguard Training

**#22** Dates & Times: Friday, May 14<sup>th</sup>,  
5:30pm to 10 pm. And Sunday, May  
16th. 1:00pm. to 5:30pm.

Cost: \$120

**#24** Dates & Times: Tuesday, May 18<sup>th</sup> and  
Thursday May 20th. 5:30pm to 10pm.

Cost: \$120

Requirements: Show old certification card

This renewal course will include 1st Aid and CPR/AED for the Professional Rescuer. Bring your own mask. *New mask \$15.00 additional cost.*

#### **#26 WATERFRONT RENEWAL**

For Lifeguards working at beach or lakefronts.

Taken at the end of Lifeguard training renewal class.

Cost: \$40

#### **#33 CPR/AED for the Professional Rescuer**

Starts Friday, May 14th. at 5:30p.m.

Cost: \$65.00 (includes mask)

#### **#34 CPR/AED for the Professional Rescuer**

If you have your own mask

Starts Friday, May 14th. at 5:30p.m.

Cost: \$50.00

#### **#36 CPR/AED for the Professional Rescuer**

Starts Tuesday, May 18th. at 5:30p.m.

Cost: \$65.00 (includes mask)

#### **#37 CPR/AED for the Professional Rescuer**

If you have your own mask

Starts Tuesday, May 18th. at 5:30p.m.

Cost: \$50.00

#### **#44 LIFEGUARD TRAINING**

FOR FIRST TIME GUARDS

Dates: May 14th - 20th.

Friday May 14<sup>th</sup> at 5:30pm.

*Class size is limited. Please register early.*

*Classes are first come first serve.*

**NO EXCEPTIONS**

For more information contact Dave Drouse at 348-3479.

Cost: \$175.00

(Includes CPR, First Aid & Lifeguard Training)

Requirements: Be at least 15 years of age

Be a strong swimmer capable of swimming 300 yds.

#### **#55 WATERFRONT LIFEGUARDING**

Date: May 14<sup>th</sup> - 20th.

Friday May 14<sup>th</sup> at 5:30pm.

For more information contact Dave Drouse at 348-3479.

Cost: \$215.00

(Includes CPR/AED, First Aid, Lifeguard Training & Waterfront Lifeguarding)

Requirements: Be at least 15 years of age

Be a strong swimmer capable of swimming 550 yds.

**This course is required if you will be lifeguarding at a beach, or lakefront.**

**Still have questions?**

Call Dave Drouse (570) 348-3479 or  
(570) 575-1392

Les Richards (570) 489-1172 or  
(570) 510- 4816

**OTHER CERTIFICATIONS**

Your employer may require some of these courses.

**Waterpark Lifeguarding** – (conducted at site)  
Red Cross defines a waterpark as a pool with at least one of the following:  
Wave Pool  
Speed slide  
Winding River

**FACTS**

1. Those wanting to register for the Water Safety Inst. (#11) courses MUST contact Les Richards BEFORE returning registration form.
2. Registration is limited. Register Early.
3. Fee **must** accompany registration form.
3. **No personal checks after May 10<sup>th</sup>.**
4. Registration will NOT be accepted by phone.
5. Prices for courses include all necessary books & materials.
6. **Rebate Policy (NO EXCEPTIONS)**  
100 % up to including May 10th.  
After May 10th a \$50.00 processing fee will be deducted from your refund.  
May 14<sup>th</sup> class no refund after May 15<sup>th</sup>.  
May 16<sup>th</sup> class no refund after May 17th
7. Bring a lunch with you, as you will only have 1/2 hour for lunch. Soda and candy machines are available.
8. **Females** - One piece suit proper attire.

**Registration Form**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone#: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Register me for the following:

(  at course number)

- #11 WSI-----\$200
- #22 L.G. RENEWAL- (May 14 & 16)-\$120
- #24 L.G. RENEWAL- (May 18 & 20)-\$120
- #26 Waterfront RENEWAL-----\$40
- #33 CPR/AED for Pro--- (May 14)-----\$65
- #34 CPR/AED for Pro--- (May 14)-----\$50 \*
- #36 CPR/AED for Pro--- (May 18)-----\$65
- #37 CPR/AED for Pro--- (May 18)-----\$50 \*
- #44 Lifeguarding-----\$175

#44 is for first time guards and includes 1<sup>st</sup> aid and CPR/AED for Pro.

#55 Waterfront-----\$215

#55 includes 1<sup>st</sup> Aid, CRR/AED for Pro, Lifeguard training & Waterfront Lifeguard.

\* *You must bring your own Mask*

Total amount enclosed \$ \_\_\_\_\_

Check # \_\_\_\_\_

Mail to and make check payable to.....

**Dave Drouse, Pool Mgr.**

West Scr. Inter. School

1401 Fellows St.

Scranton, Pa. 18504

**NO PERSONAL CHECKS AFTER**

**May 10<sup>th</sup> 2010**